

Zen Seekers Itinerary

| DAY 1

Relax Into Small Town Life

Take time to experience small town charm and escape the hustle and bustle of everyday life. Discover the city's renowned historic district with the self-guided downtown walking tour.

Stop 1: 115 E Jefferson Street • Madison, Georgia 30650 • 706-342-4454 • visitmadisonga.com

Feel Inspired by the Arts in Madison

Find inspiration by uncovering this small town's historic love affair with the arts. Tour historic cemeteries, explore Madison's local art galleries, or discover one of many forms of art celebrated at the **Madison-Morgan Cultural Center**.

434 South Main Street • Madison, Georgia 30650 • 706-342-4743 • mmcc-arts.org

| DAY 2

Find Peace on the Farm

To truly disconnect from the trappings of modern-day life, FARMeander, Georgia's first self-guided farm tour, is your ticket to explore the farms, markets, festivals, and inns that celebrate the area's agrarian roots year-round.

115 E Jefferson Street • Madison, Georgia 30650 • 706-342-4454 • <https://mmcgeorgia.org>

Feast on Farm-to-Table Treats

Recharge at **Farmview Market**, which supports Georgia Grown farms through its grocery store, butcher shop, grist mill and cafe so you may nourish your body with fresh, farm-to-table foods. Or sit down and savor a true farm-to-table menu at local favorites including **Hart & Crown Tavern**, **Mad Taco** and **The Sinclair**. For a special night out **The Dining Room** offers a prix fixe menu that changes daily to feature the freshest local farm fare.

www.mad-hospitality.com • www.farmviewmarket.com

| DAY 3

Seek Solace in the Great Outdoors

Relax into nature at **Hard Labor Creek State Park** or **Georgia's Lake Country**. Enjoy acres of green forests, miles of scenic trails, miles of sparkling shorelines and plenty of budget friendly adventures.

gastateparks.org/HardLaborCreek • www.galakecountry.com

Take a Spa Break

After a day outside, wind down and prepare to say goodbye to your small town escape by indulging in a specialty treatment, massage or facial at **Pure Bliss Spa & Shop**, **The Spa Madison** or **ZEN Relaxing Wellness Center**.

www.zenrw.com • www.pureblisspapas.com



Madison Welcome Center
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